



**CHRISTIAN
COLLEGE**
G E E L O N G

*AN IMPORTANT INVITATION FROM THE PRINCIPAL

Dear Parents,

RE: Introducing MYTERN at Christian College



Schools throughout Australia are seeking ways to support students with the challenges that can be faced with daily life.

Christian College has been delighted to form a working relationship with Dr Jane Foster who has developed a language that schools are adopting to assist and equip students to 'Take Emotional Responsibility Now'. 'MYTERN'.

Here is a link to the website www.myterncity.com.au

I encourage you all to take the time to look at this information. It is valuable for anyone with children, including adolescents, as MYTERN has had great success with adults as well as children.

Dr Foster presented information sessions to families in 2015 and 2016. Those in attendance found these highly valuable.

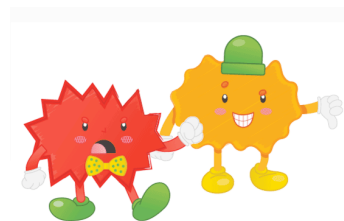
I am delighted that Dr Jane Foster will be returning to Christian College on Thursday the **9th March** to present an Information Session for parents that evening at the Middle School Highton Campus. **This session is open to families from all campuses.** I encourage you to attend.

MYTERN Parent Information session

Thursday 9th March, 2017

7pm

MYTERN Parent Information Evening Session
Parents from all Campuses are welcome
Middle School Highton. Supper to follow



***RSVP:** Please confirm your attendance to the 'Evening Session' at Middle School Reception by Friday 3rd March, 5241 1899, for catering purposes.*

It is a simple, yet extremely powerful skill that teaches you to take control of your response to everyday stresses and challenges, improving your mental, emotional and physical health. A skill which can be learnt by anyone at any age.

Yours sincerely,

Glen McKeeman
PRINCIPAL