



**CHRISTIAN
COLLEGE**

GEELONG

Dear Parents and Guardians,

Our Year 9 girls are partaking in a Girls Empowerment Program during Wednesday and Thursday homeroom devotional time. As part of this program, we will be including a unit of work that explores body image and the role of the media and other factors that shape a young person's perception of the ideal healthy body shape.

As part of this unit of work, students will be viewing the *Embrace* documentary. The *Embrace* documentary film – bodyimagemovement.com/embrace is told from the point of view of the filmmaker as she traverses the globe talking to experts, women in the street and well-known personalities about the alarming rates of body image issues that are seen in people of all body types. The film has been classified M in Australia and as such we are required to inform parents that it will be viewed.

The learning activities that students will undertake as part of their viewing of the *Embrace* documentary are developmentally appropriate and linked explicitly to the Australian Curriculum for Health and Physical Education and cover the following content from Years 9 and 10:

- Evaluate factors that shape identities and critically analyse how individuals impact the identities of others (ACPPS089)
- Propose, practice and evaluate responses in situations where external influences may impact on their ability to make healthy and safe choices (ACPPS092)

The film will be viewed Wednesday, July 26th during the girl's program time.

If you wish to discuss this further please contact Mr Earl Moore at the College, on 52532998.

Kind regards,

Mrs Sally Gray, Mrs Joanne Lowe, Ms Deb Singleton
Year 9 Teachers

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